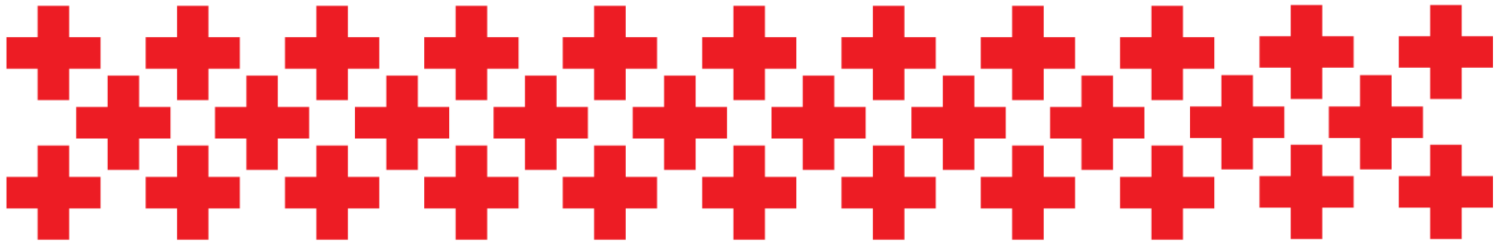


American Red Cross

Give blood. Help save lives.



Caroline Family YMCA
Blood Drive

In Gymnasium
17422 Library Blvd, Ruther Glen, VA 22546

Tuesday, May 23rd
12:00 pm – 6:00 pm

To schedule an appointment,
visit redcrossblood.org use Sponsor Code: [carolineymca](#)
or call the Caroline Family YMCA at [804.448.9622](tel:804.448.9622)

Please drink plenty of water, eat a good meal prior to your donation. Also, please bring a Photo ID with Date of Birth