



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# FOOD FOR THOUGHT

## A.O.A. Senior Potluck Luncheon Caroline Family YMCA

### WHAT

Join us for our A.O.A. (Active Older Adult) Potluck Luncheon! Bring your favorite dish to share, create new relationships, and enjoy the company! We will also have a special guest speaker. Sign-up sheet is posted on the community board by the front desk.

### WHEN

2015 A.O.A. LUNCHEON SCHEDULE		
Tuesday, January 20th	Tuesday, May 26th	Tuesday, September 29th
Tuesday, February 24th	Tuesday, June 30th	Tuesday, October 27th
Tuesday, March 31st	Tuesday, July 28th	Tuesday, November 17th
Tuesday, April 28th	Tuesday, August 25th	Tuesday, December 15th

### WHERE

Caroline Family YMCA Lounge

### CONTACT INFORMATION

Becky Wagner  
AOA Luncheon Coordinator  
804 448 9622

