

# American Red Cross



## Lifeguard Training

**When:** March 2nd-March 6th pre-test March 1st @5pm  
April 14th-17th pre-test April 9th @ 7:30pm

**Cost:** \$250 (this includes your books and pocket mask)

**Requirements:** Must be 15yrs old and successfully complete a pre-test.

Pre-test is required of everyone wanting to take the course, participants under the age of 18yrs must have a parent present during the pre-test. Pre-test costs \$15 per participant and consists of a 300 yard swim and a timed swim to retrieve a brick from the pool floor.

**Registration for the March 1st  
pre-test opens December 16th**



We build Strong people  
Strong families  
Strong communities

**For more information contact Sarah Ward at**  
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