

# SOO BAHK DO MOO DUK KWAN

## A BRIEF HISTORY

Soo Bahk Do Moo Duk Kwan Martial Arts was created by Grandmaster Hwang Kee in 1945.

The words "Soo Bahk Do" stands for "way of the striking hand".

"Moo Duk Kwan" stands for "military school of virtue". Soo Bahk Do is not a sport but considered a classic martial art which has great combat applications. The purpose of the art is to develop every aspect of the self, to create maturity and integrate intellect, body, emotions, and spirit. Soo Bahk Do is taught in a standardized way so wherever one travels in the world the practitioner will find the same techniques used in all studios. The U.S. Soo Bahk Do Moo Duk Kwan Federation was created in 1975 to maintain the standards of excellence set by Grandmaster Hwang Kee.

Massaponax Soo Bahk Do LLC was formed in June 2016 by Raymond Houpt. Mr. Houpt is a 3<sup>rd</sup> degree black belt level instructor certified by the U.S. Soo Bahk Do Moo Duk Kwan Federation in 2006. Mr. Houpt began training in Soo Bahk Do Moo Duk Kwan in 1995 under the teachings of Master Sharon Elder-Hauger. Mr. Houpt has previous experience in other martial art styles going back to 1981.

More information can be found about Soo Bahk Do Moo Duk Kwan by going to [soobahkdo.com](http://soobahkdo.com) or typing the "U.S. Soo Bahk Do Moo Duk Kwan Federation" in the search engine.