



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# KIDZ CLUB MAY

RON ROSNER FAMILY YMCA

**Kidz Club** is for members 5-12 years old. Kidz Club follows the same policies as Kidz Corner. Children must be YMCA members and have their own membership card to participate. Parents must remain in the Y while their children participate in Kidz Club. Parents may only sign in their own children.

**Mondays and Wednesdays**  
We will be in the gym from 5:30-7:30pm. Be sure to wear your sneakers! Participants will engage in high energy physical activities, games, and individual and team challenges.

**Tuesdays and Thursdays**  
We will be in classroom 4 from 5:30-7:30pm. Participants will enjoy arts and crafts, science, cooking games, theme nights and more.

**Questions**  
Please contact Nikki Guzewicz 540-735-9622 ext. 2045 or [eguzewicz@family-ymca.org](mailto:eguzewicz@family-ymca.org)

**Come join the fun!!**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
<p><b>1</b> <b>Playground</b> We will meet at the playground! Please bring a water bottle.</p>	<p><b>2</b> <b>Healthy Foods Collage</b> Find healthy foods you like!</p>	<p><b>3</b> <b>Basketball</b> Let's shoot some hoops!</p>	<p><b>4</b> <b>Kids Yoga</b> Lets have some fun doing Yoga!</p>
<p><b>8</b> <b>Kidz Choice</b> The kids choose tonight!</p>	<p><b>9</b> <b>Mothers Day Craft</b> Make a gift for mom!</p>	<p><b>10</b> <b>Playground</b> We will meet at the playground! Please bring a water bottle.</p>	<p><b>11</b> <b>Play Dough</b> Mold a masterpiece!</p>
<p><b>15</b> <b>Playground</b> We will meet at the playground! Please bring a water bottle.</p>	<p><b>16</b> <b>Slime</b> Need we say More!</p>	<p><b>17</b> <b>Kidz Choice</b> The kids choose what to do tonight!</p>	<p><b>18</b> <b>Charades</b> Let's have some fun trying to guess what our friends are doing!</p>
<p><b>22</b> <b>Noodle Hockey</b> A kid's club favorite!</p>	<p><b>23</b> <b>Painted Rocks</b> Paint a rock to put in your garden!</p>	<p><b>24</b> <b>Playground</b> We will meet at the playground! Please bring a water bottle.</p>	<p><b>25</b> <b>28</b> <b>Kidz Choice</b> Use the art supplies to make your own creation!</p>
<p><b>29</b> <b>Memorial Day</b> <b>Have a happy holiday</b> <b>Kids Corner closed</b></p>	<p><b>30</b> <b>Coffee Filter butterfly</b> Make a beautiful butterfly!</p>		