



RON ROSNER FAMILY YMCA SWIM LESSONS

5700 Smith Station Rd Fredericksburg, VA 22407
(540) 735-9622 x 2034

Christine Mathews Aquatics Director
cmathews@family-ymca.org

Tuesday and Thursday Evenings

Please see 2017 Swim Lesson
Calendar for session dates

Parent/Child	6:20pm-6:50pm
Pike/Eel	5:00-5:30pm
Pike/Eel	6:20-6:50pm
Eel/Ray/Starfish	5:00-5:30pm
Polliwog	5:00-5:30pm
Polliwog	7pm-7:30pm
Guppy	5:40pm-6:10pm
Guppy	6:20-6:50pm
Minnow	5:40-6:10pm
Minnow	7:00-7:30pm
Fish/Stroke Clinic	5:40-6:10pm
Adult Stroke	7:00-7:30pm
Private lessons	Times vary
Semi-private lessons	Times vary



Saturday Mornings

Please see 2017 Swim Lesson
Calendar for session dates

Parent/Child	9:40-10:10am
Pike/Eel	9am-9:30am
Pike and Eel	9:40-10:10am
Pike/Eel	11am-11:30am
Polliwog	9:00-9:30am
Polliwog	9:40am-10:10am
Polliwog	11am-11:30am
Guppy	9:00-9:30am
Guppy	10:20-10:50am
Minnow	10:20-10:50am
Minnow	11-11:30am
Fish/Stroke Clinic	10:20-10:50am
Adult Stroke Beginner	8:30-9:00am
Private lessons	Times vary
Semi-private lessons	Times vary

FEES

Based on 8 classes (pricing will vary if less classes are offered in a session)

Member \$60

Non-member \$90

*Please note classes offered may change depending on demand

Private and Semi-private lessons are available for \$120 for 4 half hour lessons.

Please call Christine Mathews at 540-735-9622 x 2034 to schedule the lesson.