



Massad Exercise Pool Schedule Jan-May 2012

Monday, Wednesday, & Friday

	5:00-9:00am	9:00-9:55am	10-11:00am	11:00-12pm	12:00-3:00pm	3:00-3:45	3:45-8:00 pm	8:00-8:25
Lane 1	Adult Lap Swim	Adult Lap	Adult Lap	Adult Lap	Open Swim	POOL CLOSED	Swim Team Lanes 1-4 (Friday Swim Team until 7:30)	Adult Lap Swim
Lane 2		Deep Water Exercise Class						
Lane 3		Family Lap						
Lane 4		Open Swim						
Lane 5		MS Class						
Lane 6		Adult Swim*						

***If adult lanes are empty then swim team may use an additional lane. Adults may enter the lane when set is done**

Tuesday & Thursday

	5:00-9:00am	9:00-12:00pm	12:00-3:00pm	3:00-3:45	3:45-8:00 pm	8:00-8:25
Lane 1	Adult Lap Swim	Adult Lap		POOL CLOSED	Swim Team Lanes 1-4	Adult Lap Swim
Lane 2		Family Lap				
Lane 3		Open Swim				
Lane 4				Adult Swim*		
Lane 5						
Lane 6						

Sunday

	12:00-5:00 pm
Lane 1	Adult Lap
Lane 2	Family Lap
Lane 3	Open Swim
Lane 4	Open Swim
Lane 5	Open Swim
Lane 6	Open Swim

Saturday

	5:00-6:30am	6:30-9:30am	9:30-10:30am	10:30-5:00 pm
Lane 1	Adult Lap Swim	Adult Swim	Deep Water Exercise Class	Adult Lap
Lane 2		Open Swim		Family Lap
Lane 3		Open Swim		Open Swim
Lane 4		Adult Swim		
Lane 5				
Lane 6				

NOTES:

Nov.-Feb. (2nd week)- All Lanes for high school swim team (3-4pm)
4-8pm Stingrays (4 lanes)
Swim Team will use the pool in the morning during Thanksgiving & Christmas breaks (4 Lanes)
Nov 23rd-26th- 0730-1000
Nov. 27th- 0700-1000
Dec. 22nd-23rd- 0730-1000
Dec. 24th, 27th-31st- 0700-1000

OUR POOL SCHEDULES ARE SUBJECT TO CHANGE AT ANY TIME.