

**KING GEORGE FAMILY YMCA  
BEFORE AND AFTER CARE  
ENSURE  
A BRIGHTER  
FUTURE**



**Register Now for More Great Programs...**

**Before and After School Enrichment Care:** at the King George Branch for Ages 5-11

**Eighth Period:** After School Enrichment Care at the King George Branch for 6-8th Graders

**Kinder Camp:** Half day camp for Ages 3-5

**Summer Camp:** All day camp for Ages 5-15

**Super Saturdays:** Special nights for 5th - 8th Graders

**PNO-Parent's Night Out:** FREE Friday night childcare for 18 mo old -12 yrs (Members)

**Kidz Palooza:** Fun filled evening for ages 3-12

**Teen Zone:** Interactive play for ages 10 and up

**Please visit our website for these and other great programs!**

**[www.family-ymca.org](http://www.family-ymca.org)**



**FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY**

**BEFORE  
AND AFTER  
SCHOOL**

**ENRICHMENT CHILD CARE  
at the KING GEORGE FAMILY YMCA  
540-775-9622**



**Find us on  
FACEBOOK**



# Why Choose YMCA Enrichment Care?

**Activities only offered at the branch:** The activities and atmosphere appropriately reflect the ages, desires and interests of the children. **Activities at the branch include swimming lessons, kids zumba, cooking, youth yoga, arts & crafts, science, kidz lit, dance, pool time, teen zone activities, homework assistance, outdoor activities and games...all in a safe environment with qualified, caring counselors!**



**Environment:** Plenty of indoor and outdoor activity space including classrooms, exercise area, Interact Zone, swimming pools, teen area, outdoor pavilion, playground, and walking trails.



**Safety and Health:** Play equipment and surrounding areas are clean and free from safety hazards. All counselors are trained and certified in CPR and First Aid. Procedures are in place to screen visitors and to ensure that no one leaves with a child other than a designated adult.



**Relationships:** Positive, warm relationships between counselors and children. Counselors make families feel welcome and involved. Children are relaxed and happy and have the opportunity to share and form friendships.

**Administration:** Counselors are trained and evaluated in activity planning, safety procedures, licensing, and emergency response. Evaluations of the effectiveness, responsiveness and overall quality of the program are conducted regularly. Counselor to student ratio exceed state guidelines.  
Youth Director: Rebecca Miller - [rmiller@family-ymca.org](mailto:rmiller@family-ymca.org)

## We are for Youth Development:

**Nurturing the potential of every child and teen. We believe that all kids deserve the opportunity to discover who they are and what they can achieve.**

At the King George Y, our School Age Child Care program's main goal is to provide a safe, nurturing environment for children to learn, grow and develop social skills. We believe that values and skills learned early-on are vital building blocks for quality of life. At the Y, kids learn to share, learn about sportsmanship and, most importantly learn how to be themselves. That makes for confident kids today and contributing and engaged adults tomorrow.

### Before and After Care at the King George Family Branch Serving:

Sealston Elementary  
King George Elementary  
Potomac Elementary

Weekly Fee:  
\$50 Members  
\$65 Non-Members  
Payments are normally drafted on Wednesdays  
Teacher workdays are a separate \$15 fee per day

### 8th Period Serving: King George Middle School

Weekly Fee (After School Only):  
\$35 Members  
\$50 Non-Members



\*\*All fees are paid by Draft. You can use either a credit card or checking account. There is a \$10 late payment fee and a \$20 Non-Sufficient Funds fee.

