

# WINTER SWIM LESSONS



MASSAD FAMILY BRANCH  
212 Butler Road, Fredericksburg, VA 22405  
(540) 371-9622  
[www.family-ymca.org](http://www.family-ymca.org)

Registration Dates:(Beginning at 1 pm) Members: 11/5 Participants: 11/12

## Monday & Wednesday Daytime & Evenings

Session 1: 1/23-2/15/12  
Session 2: 2/27-3/21/12  
Session 3: 4/16-5/9/12

Adult Beginner	9:00-9:40 am
Parent/Tot	10:00-10:30 am
Pikes with Parent	4:30 - 5:00
Pike	4:30 - 5:00
Pike	5:10 - 5:50
Eels	5:10 - 5:50
Rays	5:10 - 5:50
Polliwog 1	5:55 - 6:35
Polliwog 2	5:55 - 6:35
Guppy	5:55 - 6:35
Polliwog 2	6:40 - 7:20
Stroke Class	6:40 - 7:20
Teen/Adult	6:40 - 7:20

## Saturday Mornings

Session 1: 1/7-2/25/12  
Session 2: 3/17-5/12/12  
(No class April 7)

Teen/Adult Beginner	8:45 - 9:25
Teen/Adult Intermediate	8:45 - 9:25
Pike	8:45 - 9:15
Pike	9:30 - 10:00
Parent/Tot	9:30 - 10:00
Eels	9:30 - 10:10
Rays	9:30 - 10:10
Pikes with Parent	10:15 - 10:45
Polliwog 1	10:15 - 10:55
Polliwog 2	10:15 - 10:55
Guppy	10:15 - 10:55
Polliwog 2	11:00 - 11:40
Minnow/Fish	11:00 - 11:40
Adaptive	11:00 - 11:40

Registration begins November 5th  
FEES - 8 Session Classes  
Member \$56 / Non-Member \$81